

Bellydancing, anyone?

Middle Eastern Dance
offers something for everyone

- ♥ movement
- ♥ rhythm
- ♥ music
- ♥ body awareness
- ♥ low-impact exercise
- ♥ integration of body & spirit

In its original, historical form, this dance was done by women for other women as a joyful and playful expression of feminine energy.

Belly Dance is friendly to all ages
and all body types!

Suggested attire: Something comfortable, but not baggy! Bring a scarf or sash to tie around your hips. We dance barefoot!

Warning: Instructor cannot resist spontaneous discussions of culture and dance history!

About Hasani

Hasani has been involved in dance since the impressionable age of 13, when her six brothers began teasing her about going through an "awkward" stage. Hasani did indeed learn to be graceful, but she discovered something even more important - what to do with her feminine energy and how to express herself.



Her classroom instruction is noted for its emphasis on technique, isolation, and energy flow. Hasani holds multiple weekly classes in Gig Harbor, and teaches workshops, coaches dancers, and performs year-round throughout the Northwest. Hasani invites you to bring your dancing hips and join her every 1st and 3rd Friday at Belly Dance Jam for open drumming and dancing at her spacious, Arabic-themed studio and boutique!

Hasani's pet project is "*Hasani's Hafla*", an informal little dance party that has exploded into a major Northwest dance event! Three times a year, Hafla overflows with dance, music, and friends.

Hasani is devoted to teaching the Dance, and loves to see the self-realization that takes place as women discover the Dance for themselves.

<http://hasani.net>

Need belly dance stuff? Visit the Middle East Emporium at Hasani's Studio

Gig Harbor Classes

6659 Kimball Dr, Ste E-501, Gig Harbor, WA
In The Woods Business Park, just past the Fire Station

2008 SCHEDULE

Beginning Intensive	Tuesdays	11:30 AM
Beginning	Tuesdays	6:30 PM
Intermed/Adv	Tuesdays	7:30 PM
Advanced	Tuesdays	8:30 PM
Choreography class	Wednesdays	11:15 AM
Beginning	Wednesdays	5:30 PM
Mixed level class	Wednesdays	6:30 PM
Mixed level class	1st & 3rd Saturdays	10:00 AM
Belly Dance Jam!	1st & 3rd Fridays	8:00 PM

Private lessons by appointment

(253) 858-2755

8-week sessions: \$80 ♦ Drop-in fee: \$12 per class
Intensive class: \$120/8 weeks ♦ Drop-in \$16

Next sessions run:

Jan 8 thru Feb 27, 2008
March 4 thru April 23, 2008
May 6 thru June 25, 2008
July 8 thru Aug 27, 2008
Sept 9 thru Oct 31, 2008
Nov 4 thru Dec 12, 2008

Registration Form

- Beg Intensive 11:30 AM (Tuesdays)
- Beginning 6:30 PM (Tuesdays)
- Intermed/Adv 7:30 PM (Tuesdays)
- Choreography 11:30 AM (Wednesdays)
- Beginning 5:30 PM (Wednesdays)
- Mixed 6:30 PM (Wednesdays)
- Mixed 10:00 AM (1st & 3rd Saturdays)

Belly Dance Jam 8:00 PM (1st & 3rd Fridays)

(no registration necessary for Belly Dance Jam- just show up!)

Pro-rating OK for late registrations, but sorry,
no make-ups or refunds.

Name _____

Address _____

_____ Zip _____

Phone _____

Email _____

Amount enclosed _____

Please sign release on back of this page

Questions? Need directions? You can call me!

(253) 858-2755

Please make checks payable to Hasani, and send to:

Hasani
PMB #252
5114 Pt Fosdick Dr NW #E
Gig Harbor, WA 98335

Hasani's
Belly Dance Jam!

Calling all dancers & musicians!
Bring your dancing hips & drumming fingers

Every 1st and 3rd Friday
8:00—10:00 PM

Belly Dance with Hasani
(in The Woods Business Park)
6659 Kimball Dr Ste C-E-501
Gig Harbor, WA 98335

FREE ADMISSION
(but donations gladly accepted!)

253-858-2755

~ ~ RELEASE ~ ~

I (Print Name)_____ am of able body and sound mind, and understand that bellydancing is a strenuous physical activity.

I take full responsibility for my own health and welfare as a participant in this class.

I assume all risks and hazards incidental to my participation in this class, and do hereby waive, release, absolve, indemnify and hold harmless Hasani and The Woods Business Park for any claim arising out of any injury to myself (or others) or personal loss.

Signature _____

Date _____

Do you have a medical condition I should know about?

Hasani's
Virtual Emporium
<http://hasani.net>

Hasani
PMB #252
5114 Pt Fosdick Dr NW #E
Gig Harbor, WA 98335-1735

Belly Dance

with

Hasani



Middle Eastern
Dance Artist

